

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
10:00 Walgreens Walk
11:00 Morning Refresher
1:00 Ball Toss
2:00 Room Visits
2:00 Resident Council
4:00 Joke of the Day!

2
10:00 Ageless Strength
11:00 Pick me up
1:00 Book Club
2:00 BINGO!!
3:00 Daily Visits
3:00 Happy Hour
6:00 Bible Study

3
10:00 Fitness Time
11:00 Manicures
2:00 Floral Arranging
3:00 Room Visits
4:00 Cup Stacking
6:00 Movie Matinee

4
10:00 Fitness Friday
11:00 Iced Tea Social
1:00 Gardening
2:00 Live Entertainment w/ JT
4:00 Pictionary
6:00 Music Therapy

5
10:00 Morning Stretch
11:00 IPAD lessons
2:00 Nelson's BINGO!!
3:00 Room Visits
4:00 Word Search Fun

6
10:00 Stretch & Flex
11:00 New in the News
2:00 Praise & Worship
3:00 Fun Cart
4:00 Brain Twisters

7
10:00 Walk & Talk
11:00 Fruit Cups
1:00 Then & Now
2:00 Pokeno
3:00 Room Visits
3:00 Happy Hour

Labor Day

8
10:00 Community Walk
11:00 Coffee Time
1:00 Blackjack
2:00 Daily Visits
3:00 Old Wives Tales
4:00 Trivia

9
10:00 Workout w/Derrick
11:00 Energy Booster
1:00 Read with Me
2:00 BINGO!!
3:00 Room Visits
3:00 Wine for You
6:00 Spiritual Mindedness

10
10:00 Train w/ Derrick
11:00 Nail Beauty
2:00 Floral Arranging
3:00 Daily Visits
4:00 Spot the Difference
6:00 Cinema!

11
10:00 Fitness Friday
11:00 Root beer Floats
1:00 Garden Club
2:00 Live Entertainment w/ Ed Bell
4:00 Guess the Phrase
6:00 Watercolor Art

12
10:00 Stretching
11:00 Tech Class
11:00 Choco Milkshakes
2:00 Nelson's BINGO!!
3:00 Daily Visits
4:00 Board Games

Twin Day 13
10:00 Morning Breather
11:00 Name that Celebrity
2:00 Church Service
3:00 Daily Visits
4:00 Mind-Boggler

Grandparents Day

Tie Dye Day 14
10:00 Stroll Roll
11:00 Yogurt Treat
1:00 Favorite Memory
2:00 Pokeno
3:00 Room Visits
3:00 Cocktail Hour

Animal Print Tuesday 15
10:00 Walgreens Walk
11:00 Hot Chocolate
1:00 Giant Jenga!
2:00 Snack Pass
3:00 Where in the World
4:00 Riddles

Sports Day 16
10:00 Muscle Training
11:00 Midday Refresher
1:00 Readers Club
2:00 BINGO!!
3:00 Daily Visits
3:00 Cocktails
6:00 Faith Community

Tropical Thursday 17
10:00 Ageless Strength
11:00 Manicures
2:00 Floral Arranging
3:00 Room Visits
4:00 Word Ladder
6:00 Movie Night!

Disney Day 18
10:00 Fitness Friday
11:00 Social Hour
1:00 Gardening
2:00 Live Entertainment w/ Al Turner
4:00 Word in a Word
6:00 Would you rather

Rosh Hashanah Begins

Fav. Color Day 19
10:00 Workouts
11:00 IPAD 101
2:00 Nelson's BINGO!!
3:00 Room Visits
4:00 Puzzles

Oktoberfest Begins

20
10:00 Muscle Stretch
11:00 Morning Quote
2:00 Praise & Worship
3:00 Snacks on the Go
4:00 Spell Down!

21
10:00 Community Walk
11:00 Berry Parfait
1:00 How Many Words?
2:00 Pokeno
3:00 Room Visits
3:00 Wine on the Go!

22
10:00 Stroll & Roll
11:00 Cappuccino Me
1:00 Paint w/ Jonathan
2:00 Daily Visits
3:00 Virtual Field Trip- Eiffel Tower
4:00 Brain Teasers

Autumn Begins

23
10:00 Fitness Fanatics
11:00 Fresh Lemonade
1:00 Favorite Book
2:00 BINGO!!
3:00 Snack Cart
3:00 Wine is Fine
6:00 Bible Study

24
10:00 Morning Workout
10:30 Resident Orientation
11:00 Nail Beauty
2:00 Floral Arranging
3:00 Room Visits
4:00 Artist Impression
6:00 Movie Matinee

25
10:00 Fitness Friday
11:00 Frozen Lemonade
1:00 Garden Club
2:00 Live Entertainment w/ Rick Del Carlo
4:00 Hangman
6:00 Cornhole

26
10:00 Fitness
11:00 Tech Class w/Braden
2:00 Nelson's BINGO!!
3:00 Daily Visits
4:00 Word Searches

27
10:00 Balance Class
11:00 News & Stories
2:00 Sunday Service
3:00 Room Visits
4:00 How-do-you-do

Yom Kippur Begins

28
10:00 CV Walk
11:00 Granola Snack
1:00 Guess the Song
2:00 Pokeno
3:00 Room Visits
3:00 Cocktail for You

29
10:00 Walgreens Walk
11:00 Refreshers
1:00 Connections Game
2:00 Daily Visits
3:00 Pen Pals
4:00 Tell us your joke

30
10:00 Ageless Strength
11:00 Iced Tea Social
1:00 Book Club
2:00 BINGO!!
3:00 Room Visits
3:00 Happy Hour
6:00 Religious Group

September 2020

"Enhancing lives and celebrating the excitement of living"

Please note that Vitality Programs are subject to change