

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>1</b></p> <p>10:00 VC Morning Workout 10:30 VC News &amp; Stories 1:00 G Gardening 2:00 TR Church Service 2:00 AR Fruit Salad Snack 3:00 LL Poetry Circle 5:00 CR Men's Olympics</p>	<p><b>2</b></p> <p>10:00 VC Monday Workout 10:30 CR Cookies &amp; Coffee 1:30 AR Pokeno 3:00 L Ice Cream Sandwiches 4:00 CR Wine Hour 5:30 LL Book Club</p>	<p><b>3</b></p> <p>10:00 VC Tone &amp; Stretch 10:30 O Walk to Walgreens 1:30 AR Would You Rather? 2:00 AR Resident Council 3:30 L Word Jumble 5:30 CR Baseball Game – Giants v.s Diamondbacks</p>	<p><b>4</b></p> <p>10:00 VC Work &amp; Tone 10:30 O Applebee's 1:00 VC Nail Beauty 2:00 AR Bingo w/ Nelson 4:00 CR Wine is Fine 5:00 L Social Hour</p>	<p><b>5</b></p> <p>10:00 VC Tone &amp; Shape 10:30 VC Old Wives Tales 1:00 AR Beach in a Jar 2:00 AR Fruit Kababs 3:00 AR Flower Arranging 5:00 L Unwind and Rewind</p>	<p><b>6</b></p> <p>10:00 VC Tai-Chi with Terry 10:30 O Shopping at Target 1:00 AR Root Beer Floats 2:00 AR Computer Class 3:30 L Live Entertainment w/ JT &amp; Sarah 5:00 P Patio Talk</p>	<p><b>7</b></p> <p>10:00 VC Exercise Class 10:30 VC Morning Riddle 1:00 AR Blackjack 2:00 AR Bingo Time! 3:30 AR Afternoon Snack 5:00 CR 2021 Olympics</p>	
<p><b>8</b></p> <p>10:00 VC Ageless Strength 10:30 VC Morning Quote 1:00 CR Mexican Train 2:00 TR Sunday Service 2:00 AR Lemonade Slushies 3:00 L Conversation Ball 5:00 L Reminisce Group</p>	<p><b>9</b></p> <p>10:00 VC Vitality Monday 10:30 CR Morning Treat 1:30 AR Pokeno Fun 3:00 L Word in a Word 4:00 CR Wine Before Dine 5:30 LL Readers Club</p>	<p><b>10</b></p> <p>10:00 VC Tuesday Stretch 10:30 O Walgreens Walk 1:30 TR Movie Matinee – Charade 3:30 L Trivia Hour 5:30 CR Baseball Game – Giants v.s Diamondbacks</p>	<p><b>11</b></p> <p>10:00 VC Work out Wednesday 10:30 O Seven Café and Grill 1:00 VC Eye-Spy 2:00 AR Bingo, Bingo! 4:00 CR Wine Time 6:00 L Music with Randy!</p>	<p><b>12</b></p> <p>10:00 VC Thursday Toning 10:30 AR New Resident Orientation 1:00 AR String Painting 2:00 AR Juicing Hour 3:00 AR Floral Arrangements 5:30 CR Ball Game – Dodgers v.s Phillies</p>	<p><b>13</b></p> <p>10:00 VC Fitness &amp; Strength 10:30 O Shop at Kohl's 1:00 AR Chalk Pastel Art 2:00 AR Google Search 3:00 Music with Al Turner 5:00 L Resident Social</p>	<p><b>14</b></p> <p>10:00 VC Wake Up &amp; Shape Up 10:30 VC Brain Teasers 1:00 AR How many Legs? 2:00 AR Bingo w/ Nelson! 3:30 AR Ice Cream Treat 5:00 AR T.V Show Spree</p>	
<p><b>15</b></p> <p>10:00 VC Morning Exercise 10:30 VC New in the News 1:00 G Garden Bed Clean-up 2:00 TR Prayer Meeting 2:00 AR Lemon Meringue Pie 3:00 AR Crafty Catch-Up 5:00 L Resident's Choice</p>	<p><b>16</b></p> <p>10:00 VC Movement Monday 10:30 CR Pastries &amp; Cookies 1:30 AR Pokeno 3:00 L Find the Rhyme 4:00 AR Wine Hour 5:30 LL Book Club</p>	<p><b>17</b></p> <p>10:00 VC Shape &amp; Tone 10:30 O Walk to Walgreens 1:30 AR Pecan Pie 3:30 L Name That Tune 5:30 CR Baseball Game – Giants v.s Mets</p>	<p><b>18</b></p> <p>10:00 VC Work &amp; Tone 10:30 O Yosemite Falls Café 1:00 VC Nail Pampering 2:00 AR Nelson's Bingo! 4:00 CR Happy Hour 5:00 L Social Gathering</p>	<p><b>19</b></p> <p>10:00 VC Tone &amp; Shape 10:30 VC Yoga Your Brain 1:00 AR Flowerpot Canvas 2:00 AR Pudding Parfait 3:00 AR Flower Arranging 5:30 CR Baseball Game – Dodgers v.s Mets</p>	<p><b>20</b></p> <p>10:00 VC Tai Chi Class 10:30 O Riverpark Walk 1:00 AR Sand Art 2:00 AR Tech Class 3:00 L Matthew Malcom Live 4:00 DR Hawaiian Luau Dinner 5:30 P Tiki Bar Social</p>	<p><b>21</b></p> <p>10:00 VC Balance &amp; Strength 10:30 VC Joke of the Day 1:00 AR Photography Class 2:00 AR Nelson's Bingo! 3:30 AR Granola Snack 5:00 AR News Broadcast</p>	
<p><b>22</b></p> <p>10:00 VC Sunday Stretch 10:30 VC Morning Inspiration 1:00 CR Mexican Train Club 2:00 TR Hymnals &amp; Worship 2:00 AR Show and Tell 3:00 LL Readers Club 5:00 L Reminisce Time</p>	<p><b>23</b></p> <p>10:00 VC Monday Workout 10:30 CR Morning Treat 1:30 AR Pokeno Fun 3:00 L Pictionary 4:00 AR Wine Before Dine 5:30 LL Readers Club</p>	<p><b>24</b></p> <p>10:00 VC Tuesday Toning 10:30 O Walgreens Walk 1:30 AR Peach Pie Day! 3:30 L Movie Trivia 5:30 CR Baseball Game – Giants v.s Mets</p>	<p><b>25</b></p> <p>10:00 VC Wednesday Workout 10:30 O Red Lobster 1:00 VC Connect the Dots 2:00 AR BINGO! 4:00 CR Wine-down Wednesday 6:00 L Evenings with Randy</p>	<p><b>26</b></p> <p>10:00 VC Thursday Toning 10:30 AR Chef Talk 1:00 AR These Hands Project 2:00 AR Ice Cream Sundaes 3:00 AR Floral Arrangements 5:30 CR Ball Game – Dodgers v.s Padres</p>	<p><b>27</b></p> <p>10:00 VC Fitness Friday 10:30 O Shopping at Walmart 1:00 AR Crafty Catch-Up 2:00 AR Surf the Web 3:00 L Nathan Entertainment 5:00 L Residents Choice</p>	<p><b>28</b></p> <p>10:00 VC Exercise with Gwen 10:30 VC Brain Booster 1:00 AR Abstract Coloring 2:00 AR Bingo Fun! 3:30 AR Yogurt Parfaits 5:00 AR Televisual Feast</p>	
<p><b>29</b></p> <p>10:00 VC Morning Workout 10:30 VC Sunday Quote 1:00 G Gardening w/Gwen 2:00 TR Prayer Meeting 2:00 AR Chocolate Malts 3:00 LL Poetry Circle 5:00 L Residents Choice</p>	<p><b>30</b></p> <p>10:00 VC Vitality Monday 10:30 CR Coffee &amp; Cookies 1:30 AR Pokeno 3:00 L Optical Illusions 4:00 AR Wine Hour 5:30 LL Book Club</p>	<p><b>31</b></p> <p>10:00 VC Tone &amp; Stretch 10:30 O Walk to Walgreens 1:30 AR Movie Matinee 3:30 L Unscramble 5:30 CR Baseball Game – Giants v.s Brewers</p>	 <h1>August 2021</h1> <p>a generations community</p>				<p><b>Location Key:</b> AR Activity Room CR Club Room DR Dining Room LL Library Lounge TR Theatre Room VC Vitality Center L Lobby G Garden O Outing <b>*Bolded Activities Are New Activities*</b></p>

\*Vitality Programs Are Subject To Change\*